

## Cultural Activities

- 1- 74<sup>th</sup> Republic Day was celebrated at Quadra Institute of Ayurveda, Roorkee by the Student, Staff and Management. cultural activities were also performed by the students.
- 2- Shishyopanayan Sanskaar and Apron ceremony was performed for the new admitted student of BAMS 2022 Batch on 20<sup>th</sup> February 2023.
- 3- Six students participated in Dance, Rangoli and Mehndi Competition, organised by Bishambher Sahai group of Institution, Roorkee on 21<sup>st</sup> February 2023.
- 4- Solo Song , group singing and RAP competition was organised among the student of BAMS 1<sup>st</sup> Prof, 2022 Batch. Total 10 students participated in the event. Km Shreya ,Sanskriti & Pragya and Nazar were the winner respectively.
- 5- Debate Completion on " IS MONEY EVERYTHING?" was organised on 15 April 2023 among the student of 2022- BAMS 1<sup>st</sup> Prof. Participants in Favor were Jyoti, Swati,Aditya , Utkarsh Arbaz Zeenat and Anshika, while Participants in against were Lagi, Pranav, Rohit , Manan Krishnansh, Priyanshi Pratiksha. It was moderated by Anamika. The debate was a Tie between the two teams.
- 6- Inaugural Function for Postgraduate Students under Induction Program " SANSKAAR" was organised on 12-4-2023. The students were blessed by Dr Rakam Singh, Secretary, Quadra Institute of Ayurveda & Principal.
- 7- Recreational & Talent show for PG students was organised on Dated 17 April 2023.
- 8- On 8<sup>th</sup> May 23, a Skit Program on world thalassemia day was organised among the student of BAMS 1<sup>st</sup> year-22 Batch, to promote the Blood donation and awareness against Thalassemia.
- 9- On 22<sup>nd</sup> May 23, Skit program on De- addiction was organised among the students. Student of BAMS 1<sup>st</sup> Year- 22-27 Batch participated in the event.
- 10- On 25<sup>th</sup> May 2023, Fresher Party was organised for BAMS 2022 batch students. Mr Fresher and Miss Fresher were declared sakate Pranav bharat and Lavi Rajput respectively.
- 11- On 29<sup>th</sup> May 2023, Farewell event was organised to give fare well to Prof. G.K. Sharma, Head, Department of Ras Shashtra.
- 12- 77<sup>th</sup> Independence day was celebrated in the campus on 15<sup>th</sup> August 2023. Indian Flag was hoisted and "RASHTRA GAAN "was also singed. Cultural activities were also presented by the students and staff.
- 13- On 12<sup>th</sup> August 2023, TIRANGA YATRA was organised from Campus to Village Beldi. The event was organised in association of Quadra Nursing College. The Yatra was inaugurated by Hon'ble Secretary, Dr Rakam Singh and he distributed Indian flag to villagers to promote the sense of patriotism.
- 14- From 13<sup>th</sup> August 2023 to 16<sup>th</sup> August 2023, Staff and student hoisted Indian Flag at their residence and in the Whole Campus.
- 15- On 18<sup>th</sup> August 2023, Mehndi Competition among the student of BAMS 1st Year ( 2022 Batch) , 2019 ( 3<sup>rd</sup> Year) and Final year(2020 Batch) was organised on the occasion of TEEJ Mahotsav. Student Priya (2019 Batch) got the 1<sup>st</sup> Position while Suhani (2020) and Prerna (20129) got 2<sup>nd</sup> and 3<sup>rd</sup> position respectively among 15 participants.
- 16- On 19<sup>th</sup> August 2023, Drawing Competition was organised among 19,20 and 22 BAMS Batch's students. Riya (2020 Batch) got the 1<sup>st</sup> position while Pratiksha (22 Batch) and Sheetal (2020) got 2<sup>nd</sup> and 3<sup>rd</sup> position respectively.